



British Aikido Association

BAA Spring School

BAA Spring School 2011

Saturday 28 to Monday 30 May

at

**Lux Park Leisure Centre
Coldstyle Road, Liskeard, Cornwall PL14 3HZ**

Coaches will include: Tony Davis, Paul Wildish, Nicole Anson, Liam Boland

Principal syllabus content will be the Goshin-ho, weapon and free practice including competition administrative functions

Grading, all levels: Monday 30 May

Costs

Course for adults: £18.00 per day (2 days)

Course for juniors: £12.00 per day (2 days, grading fee included)

Buffet lunch pre-booked (Saturday and Sunday only): £4.00 per day

Grading, adult Kyu grading: £7.00

Grading, 1st Kyu and above: £15.00

To book your place (by Saturday 14 May), or for more information, please contact the School organiser:

Ron Wilday on 01579 363 216 or em: ron.wilday@tiscali.co.uk

or

the BAA General Secretary, Lesley Hepden on
020 8304 8430 or em: baa@aikido.dircon.co.uk

Participants are asked to bring their Record Book with up-to-date membership to the School